Momentum The Art of Human Relations Testimonials

April 8, 2014

Deno Lee.

Thank you for giving of yourself. Your skills and energy in this class were only surpassed by your genuine and obvious care for each one of us.

Thank you for your teaching. I have learned to be a better manager and a better person. I am now acutely aware of my spirited communication style and how modifying that style to match that of others, creates success.

Thank you for your inspirational stories. They have given me perspective into the strength of the human condition.

Thank you for helping me practice empathy by treating others as they want to be treated.

Thank you for the all of the keepsakes. The beautiful hardbound journal, the "index cards" and the thoughtful gifts are all lasting physical reminders of the power of this class.

Thank you for making me uncomfortable. Stretching me out of my comfort zone (such staring silently at another co-worker), forced me to experience and learn new things.

Thank you for making me comfortable. You created a safe and open environment to freely express ourselves.

Thank you for all of the quotes. The wisdom of others is a powerful guidepost.

Thank you for showing me that vague expectations will produce uneven results. The exercise where each table wrote down a list of factors – and came up with dramatically different results was one of my AH HA serendipity moments.

Thank you for giving each of us permission to be individuals - not just employees. Who we are, is so much more than what we do from 9 to 5.

Thank you for all the fun. Learning need not always be in the form of lectures and PowerPoint presentations. Tossing tennis balls and doing the "doggie wag" is just as – if not more - valuable.

Lee, Thank you for the power of your thoughts!

And lastly here is one of my favorite quotes. It is from author and journalist, Garrison Keeler, and it simply says, "Be Well, Do Good Work, and Keep in Touch."

Warmly, MATT FROTUMAN

Lee Ann I wanted to say thank you for caring so deeply for the work that you do. I truely enjoyed your teachings throughout The Art of Human Relations. Thank you for spreading such good stuff Chris Hanks

"Hands down this was the best 'course' I have taken in my 36 - year career!"

Karen Perry

April 8, 2014 Lee, Moure terrific! "If opportunity doesn't Knock, build a door " Thank you for helping Mitton Berle me build my door ! P. Kati Gr.

"EVERYONE attending your sessions leaves in a better place. You are one of the lucky ones who have found your calling and gracefully share it for the wellbeing of everyone." Kandy Moreau, Director of Lending, Infinity Federal Credit Union



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We Quotes from class participant surveys-anonymous:

"I have never been so moved to be a better person and employee, nor have I been given the tools in a format that are easy to apply. I can honestly say I feel like I was able to take so much away from the class; my life will never be the same. I can't thank Lee enough for her time and efforts to enhance our lives. I only hope everyone will at some point have the wonderful opportunity to take this class."

"I am so thankful to work for a company who cares more about their employees than the bottom line; in doing so, we, as employees will work harder to contribute positively to the bottom line."

"I would like to thank my employer and Lee for this opportunity and investing in me/ all of us as individuals. I truly feel we have been given a gift. If we are able to find a solid place personally, it only strengthens our abilities to shine professionally."

"It has brought an overall awareness to who I am and how I interact with others. It has provided me useful tools I can put in place here at work, out in the community as well as at home. It also reinforced and supported the way I choose to start each day."

"Your work has had such a powerful and positive effect on our organization. There are many folks who were sad when these sessions came to a close."

"I graduated from The Art of Human Relations a better employee, father, husband...person."

"The class was much better than I expected. I have gone through several similar classes at previous employers and through college classes and this was the best."

"It gave me a sense of closeness to my co workers that I love. It makes communicating with people not seem so intimidating; everyone has their hang ups and things they need to work on. It made everyone seem more human."

"It is a great program that not only gave me skills to continually improve customer service, but also provided skills to improve my personal life and happiness as well."

"I thought this class was awesome and has helped me learn more about myself and how to better communicate in many areas of my life; as a coworker, as a family member, in my relationships."

"Overall I think the class was well rounded and I like the spacing of the classes. What was said in the class really made you think about things, whether it be personal, work family or friends. I would recommend this to everyone."

"Where the world can be such a negative place for our young (school age) generation, maybe introducing these classes to high school students to help prepare them for life in general. I realize that they may not be as receptive to these ideas, but many kids today do not have the coping skills to endure what life throws at them and would probably benefit a bit when thrown into the real world after graduation."

"I knew something had to change, but I always thought it was everything around me. I now know, from taking the class that I had to change. The program taught me that I have the power to cause change and ultimately be happier. The Art of Human Relations has truly enhanced my entire life and the lives of those around me, both at work and at home."